

# A SPELL FOR PROTECTION

To protect those who you love from those who might harm them.

## YOU WILL NEED:

A pen and paper  
A blue candle  
A glass jar  
Lavendar  
Cinnamon  
Salt

Moon phase: full moon  
Day of the week: Monday

Write the name of the person you wish to protect and place the paper at the bottom of the jar.

Light the candle, focusing on the person you wish to protect.

As you do so, place the salt, cinnamon, and lavender into the jar, sending positive energy, protection, and peaceful intentions into the spell jar.

When all of your ingredients are added, seal the jar with wax from the candle. Imagine a protective light encircling the person in need until the candle has burnt down.

## BLESSED BE

Always remember to stay protected when practicing magic, you never know what's out there...